

**THE INFLUENCE OF NUTRITIONAL STATUS OF NURSING MOTHERS ON  
THE ANTHROPOMETRIC CHARACTERS OF THEIR CHILDREN IN CHAKA  
BLOCK OF DISTRICT ALLAHABAD**

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**ABSTRACT :** The present investigation was carried out in the villages of Chaka Block of Allahabad district. A pre-tested structured interview schedule was used for the collection of general information. 24 hours recall method of dietary survey was applied for the collection of requisite information. It was found that dietary intake of Group II (marginal women) was more in terms of nutritional level of cereals and proteins which showed influence on the height and weight of the children. Based on the analysis, the study finally emphasized that the problem be tackled by Government agencies and non-government-sectors in order to improve nutritional status of nursing mothers for healthy child and better future of the nation. The study further emphasized for the upgradation of dietary intake in terms of quantity and quality.

**Key Words :** Nutritional status, pregnant mothers, minerals, calories, cereals recall.